



Business icon

PREVENTING SUDDEN CARDIAC ARREST

Heart disease causes the most unexpected fatalities worldwide. Heart disease is fatal since it rarely has symptoms.

Blocked coronary arteries leading to heart attacks, diseases of the heart muscle and valves leading to heart failure and malignant arrhythmias are the most common causes of sudden death. An electrocardiogram (ECG), echocardiogram or heart scan, stress test and long-term Holter monitor can detect cardiac diseases early and save millions of lives.

An expert in both diagnostic and preventative cardiology, Dr. Francesco Lo Monaco is a private cardiologist with a practice in Harley Street, London, and is the winner of the European Awards in medicine 2022. He has created a programme throughout the years that includes virtual consultations and cardiac tests, enabling him to detect the early signs of heart disease and prevent sudden death and cardiac arrest. To identify malignant cardiac electrical abnormalities, Dr. Lo Monaco utilizes prolonged ECG Holter monitors, which record the cardiac electrical activity for up to 14 days.

The devices are shipped nationwide by Dr. Lo Monaco's clinic. These monitors can be worn by patients and returned to Dr. Lo Monaco's office. After the results are complete, Dr. Lo Monaco will schedule a virtual appointment to review them and formulate a diagnosis and treatment plan.



To identify heart muscle and valvular heart disease, Dr. Lo Monaco utilizes the echocardiogram. This device takes pictures of the heart and rules out any structural, functional or anatomical abnormality of the heart muscle or the valves.

Another important cause of sudden death is coronary artery disease leading to heart attack. In this case Dr. Lo Monaco performs some functional tests like stress echocardiograms, exercise tolerance tests or CT coronary angiograms. By stressing the heart and increasing the blood flow in the coronary arteries, Dr. Lo Monaco can quickly identify possible blocked arteries, which could lead to a heart attack or cardiac arrest.

Dr. Lo Monaco has distinguished himself through exceptional achievements in clinical cardiology. He is dedicated to offering patients the best possible care with an approach both empathetic and tailored to the needs of the individual patient. He is an expert in clinical cardiology and cardiac imaging, and he sees patients in various clinics across London. He has been working as a cardiologist in the NHS for over 13 years. Positive reviews from his patients have led him to the top of the online search and he is currently the highest rated Cardiologist on Google. Among other accomplishments:



1. Visiting professor of cardiology in China.
2. International lecturer in echocardiography.
3. Honorary senior clinical lecturer in medicine in London.
4. Fellow of the Royal Society of Medicine.
5. Awarded for outstanding scientific achievement in medical research at The Italian Embassy in New York City.

Get in touch to Book a Cardiac Test or for a Free Initial Consultation at +44 7904 594503 or visit [DRLOMONOCARDIOLOGIST.CO.UK](https://www.drlomonicocardiologist.co.uk) for more information.

Youtube:
[YOUTUBE.COM/@DR-LOMONACO-CARDIOLOGIST](https://www.youtube.com/@DR-LOMONACO-CARDIOLOGIST)

 **Dr. FLM**
Dr. Francesco Lo Monaco